

Palma Sola Presbyterian Church

Presents

The ABC of Dementia

For those who are caregivers for, or want to be more supportive of, those affected by dementia

What are Alzheimer's and dementia? What are good methods for assisting elders with limitations? How can you be a better caregiver? How can you reduce your own stress? What resources are available to you?



Presenter: Debbie Selsavage

President, Coping with Dementia LLC

Debbie is a Certified Trainer in the Positive Approach to Care. She will speak on the philosophy and techniques of person-centered compassionate care, using humor, empathy and personal experience as a caregiver for her husband Albert.

9:30–11:30 am

Saturday, September 14, 2019

6510 3rd Ave W., Bradenton FL, 34209

one block north of Manatee Ave on 67th St.

Free—Public invited—RSVP requested

RSVP by calling 941-792-3141 or emailing

palmasolachurch@verizon.net

More info at pspchurch.org